


FALL IN LOVE WITH YOGA CHALLENGE

20 GRATEFUL PRACTICES
NOVEMBER 1-30

	1 CLASS _____ <input type="checkbox"/>	2 CLASS _____ <input type="checkbox"/>	3 CLASS _____ <input type="checkbox"/>	4 CLASS _____ <input type="checkbox"/>	5 CLASS _____ <input type="checkbox"/>	6 CLASS _____ <input type="checkbox"/>	
7 CLASS _____ <input type="checkbox"/>	8 CLASS _____ <input type="checkbox"/>	9 CLASS _____ <input type="checkbox"/>	10 CLASS _____ <input type="checkbox"/>	11 CLASS _____ <input type="checkbox"/>	12 CLASS _____ <input type="checkbox"/>	13 CLASS _____ <input type="checkbox"/>	
14 CLASS _____ <input type="checkbox"/>	15 CLASS _____ <input type="checkbox"/>	16 CLASS _____ <input type="checkbox"/>	17 CLASS _____ <input type="checkbox"/>	18 CLASS _____ <input type="checkbox"/>	19 CLASS _____ <input type="checkbox"/>	20 CLASS _____ <input type="checkbox"/>	
21 CLASS _____ <input type="checkbox"/>	22 CLASS _____ <input type="checkbox"/>	23 CLASS _____ <input type="checkbox"/>	24 CLASS _____ <input type="checkbox"/>	25 CLASS _____ <input type="checkbox"/>	26 CLASS _____ <input type="checkbox"/>	27 CLASS _____ <input type="checkbox"/>	
28 CLASS _____ <input type="checkbox"/>	29 CLASS _____ <input type="checkbox"/>	30 CLASS _____ <input type="checkbox"/>	NAME _____				
			GOAL _____ PRACTICES				



INNER POWER YOGA

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